



# 2018-2019 National Ski Academy Profile

Head of School: Tobin Walsh

## Home of Academic and Ski Racing Excellence

*Dedicated young people enter the doors of the National Ski Academy and with our support and programs, these student athletes become accomplished ski racers, enlightened students, and tomorrow's leaders.*

### SCHOOL MISSION

The National Ski Academy's mission is to "provide an environment for talented student athletes to maximize their individual potential through the pursuit of alpine ski racing excellence, academic achievement and personal growth."

Delivering on our vision is only possible through a holistic approach that caters to all the needs of young student athletes.

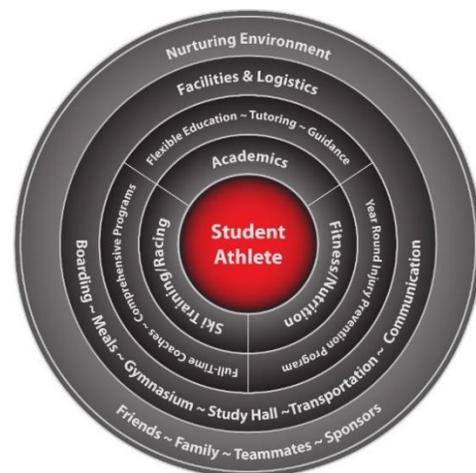
### OUR SCHOOL

National Ski Academy (NSA) is a non-profit registered charity established in 1986. In 2010, the NSA became an Ontario Ministry of Education inspected private school, granting high school credits in Grades 9 to 12.

Our home in Collingwood and late summer /early fall home in Saas-Fee, Switzerland provide the full breadth of facilities and professional coaches, teachers and trainers needed for our young Canadian and International student athletes to prosper. Our programs have helped to develop Ontario Team, Quebec Team and National Team ski racers and Olympians, as well as many of the top coaches in the country.

Our holistic approach builds outward from individual student needs to address three core development areas: Academics, Fitness and Ski Racing.

National Ski Academy (NSA) is the only high school credit granting ski academy in Canada that provides this holistic program for student athletes. It is our intention that the Academy's learning environment and curriculum will foster a positive self-image and help our student athletes to become productive, responsible and caring citizens.



### OUR EDUCATION

NSA offers a comprehensive high school academic program structured not only to prepare and ready up to 35 student athletes for postsecondary study, it is also designed to encourage the development of a growth mindset, and to acquire critical thinking and problem-solving skills so as to make ethical and reasoned decisions. Of equal importance is to instill an appreciation for essential learning skills and work habits of responsibility, organization, collaboration, initiative, self-regulation and independence in learning. These are all 21st century learning skills that will serve the student athletes throughout their time at the Academy and beyond: wherever their interests, passions and talents take them.

The National Ski Academy has both residential and day students. Our postsecondary career counselling focuses on the development of a four-year high school plan of academic course completion that begins in grade 9 and is refined in subsequent years to graduation. Student athletes are guided to make their course selections on the basis of academic interests, course availability and postsecondary goals. The instructional schedule for academics is designed in Quads (4 terms) to balance with the Academy's alpine ski training and race schedule. For the purpose of granting a credit, "scheduled time" is defined as the time during which students participate in planned learning activities designed to lead to the achievement of the curriculum expectations of a course. One credit equals 110 hours of instruction.



## OUR CURRICULUM

In addition to elite ski racing programs, NSA prides itself on its comprehensive academic programs and “education that travels”. NSA offers a challenging academic program which meets the guidelines set out by the Ontario Ministry of Education. The Ontario Secondary School Diploma graduation requirements emphasize a challenging and high-quality curriculum and the achievement by students of measurable results which require a student to earn a minimum of 30 credits, of which 18 are compulsory. In keeping with the emphasis of high standards, students are required to successfully complete the provincial secondary school literacy test to graduate. To ensure the students develop awareness of civic responsibility they must also fulfill a community involvement requirement of 40 hours to qualify for the Ontario Secondary School Diploma (OSSD).

Students typically take eight credit courses in grades 9 & 10; seven or eight in grade 11 and six courses in grade 12. A student may be permitted to take 5 courses in grade 12 when their FIS racing schedule significantly impacts the ability to meet the academic timetable. A five-year high school program is an option for students to address the academic and alpine racing schedule. A range of courses designed for university preparation are offered at the grade 11 and 12 level. All such courses are designated by a code ending in U or M and are University Preparatory (Honours) level courses.

## GRADING SYSTEM AND DISTRIBUTION

As per Ontario Ministry of Education requirements, student achievement is reported in terms of percentage grades, with a maximum score of 100 and a passing grade of 50. First class standing begins at 80 percent as established by the province and followed by all accredited public, independent and/or private schools. *At the NSA, marks are unweighted, and we do not rank our students. Determination of a GPA is left to each postsecondary institution.*

Percentage	Letter Grade	Class of 2018 Academic Average Class size 4	Class of 2017 Academic Average Class size 9	Class of 2016 Academic Average Class size 12	Class of 2015 Academic Average Class size 12
95-100	A+		1	2	1
90 – 94.9	A+	1	2	3	5
85 – 89.9	A	3	5	6	4
80 – 84.9	A-		1	1	2
77 – 79.9	B+				
73 – 76.9	B				
70 – 72.9	B-				
67 – 69.9	C+				
63 – 66.9	C				
60 – 62.9	C-				
< 60	D				

There are **12** members of the **Class of 2019**

## ATHLETICS

The NSA High Performance Development Program (HPDP) recognizes that the athletic component is not the only key to developing and retaining promising and committed student athletes. By incorporating program elements that integrate and address the broader needs of the student athlete including academics, fitness, psychological training, the Academy experience is designed to develop the whole person to maximize and realize on his or her potential and to sustain performance in a highly competitive and challenging environment.

Academic course delivery is integrated with the NSA’s supervised fitness and injury prevention program, training and racing program. The specific year-round fitness programs are designed to develop the student athlete and address individual needs as well as to provide nutrition education. The program includes biomechanical assessments delivered through affiliate associations and sports psychology sessions on and off the hill.

## GRADUATE DESTINATIONS

Over the past 5 years our graduates have received postsecondary offers from a variety of schools including:

**United States:** Babson College, Boston University, University of Colorado Boulder, Middlebury College, University of Vermont, University of Utah, Williams College.

**Canada:** University of British Columbia, Carleton University, Dalhousie University, St. Francis Xavier University, Laval University, McGill University, Mount Allison University, University of Ottawa, Queen’s University, Ryerson University, Simon Fraser University, University of Toronto, Western University, Wilfrid Laurier University, University of Windsor.